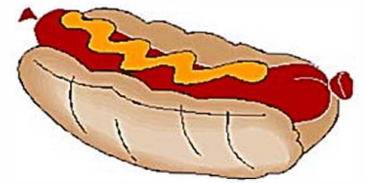




Cattaraugus County Department of the Aging  
**SENIOR WELLNESS AND NUTRITION PROGRAM**



**DINNER MENU**  
**May 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>5/1</p> <p>Swedish Meatballs over Noodles            Capri Blend Vegetables            Fruit Punch            Rye Bread            Cherry Poke Cake w/ Topping</p>	<p>5/2</p> <p>BBQ Beef on a Roll            Tater Tots            Green Beans            Pineapple</p>	<p>5/3</p> <p>Fried Chicken            Potato Salad            Buttered Corn            Wheat Roll            Tropical Fruit</p>	<p>5/4</p> <p>Turkey Salad on Croissant w/Lettuce &amp; Tomato Slices            3 Bean Salad            Lemon Bars</p>	<p>5/5</p> <p><b>Cinco de Mayo</b>            Salmon Patty w/Dill Sauce            O'Brien Potatoes            Broccoli            Wheat Bread            Ambrosia Salad</p>
<p>5/8</p> <p>Country Fried Steak w/ Gravy            Mashed Potatoes            Spinach            12 Grain Bread            Pears</p>	<p>5/9</p> <p>Apple Spice Pork Roast            Sweet Potato            Oriental Vegetables            Rye Bread            Cantaloupe</p>	<p>5/10</p> <p>Parmesan Crusted Chicken Breast            Rice Pilaf            Capri Blend Vegetables            Cranberry Juice            Italian Bread            Pound Cake w/Strawberries</p>	<p>5/11</p> <p>Meatball Sub w/ Mozzarella Cheese            Steak Fries            Tossed Salad w/ Dressing            Mandarin Oranges</p>	<p>5/12</p> <p>Macaroni &amp; Cheese            Stewed Tomatoes            Dinner Roll            Raspberry Peach Slices</p>
<p>5/15</p> <p>BBQ Chicken            Baked Potato            Corn on the Cob            Wheat Bread            Pineapple Tidbits</p>	<p>5/16</p> <p>Meatloaf            Parmesan Potatoes            Brussel Sprouts            Wheat Roll            Cinnamon Applesauce</p>	<p>5/17</p> <p>Italian Sausage w/ Peppers &amp; Onions            Tater Tots            Broccoli Salad            Fruited Jello</p>	<p>5/18</p> <p>Turkey Ala King over Biscuit            Mixed Vegetables            Apple Juice            Brownie*</p>	<p>5/19</p> <p>Western Omelet            Home Fries            Blueberry Muffin            Fresh Fruit Cup**</p>
<p>5/22</p> <p>Cheddar &amp; Roasted Red Pepper Soup            Ham Salad on Brioche w/Lettuce            Grapes</p>	<p>5/23</p> <p>Turkey &amp; Broccoli Divan            Peppered Rice            Cranberry Juice            Wheat Bread            Creamy Raspberry Dessert</p>	<p>5/24</p> <p>Taco Burgers on Bun            Lettuce &amp; Tomato            Sour Cream            Macaroni Salad            Pickled Beets            Fresh Banana</p>	<p>5/25</p> <p>BBQ Pork Chops            Scalloped Potatoes            Peas            12 Grain Bread            Peaches</p>	<p>5/26</p> <p>Scampi Baked Fish            Red Roasted Potatoes            Broccoli Cheddar Bake            Cranberry Juice            Wheat Roll            Pudding in a Cloud</p>
<p>HOL</p> <p><b>Memorial Day</b></p>	<p>5/30</p> <p>Texas Hot Dog on a Roll            Baked Beans            Pasta Salad            Fresh Orange</p>	<p>5/31</p> <p>Chicken Caesar Salad            Pull Apart Rolls            Fruit Punch            Apple Pie*</p>		